

Soul JOURNEY THERAPY

FIRST TIME IN AUSTRALIA
JULY - AUGUST 2016



2016 AUSTRALIAN TOUR with Dr Charles Richards

As featured on Oprah,
the Esalen Institute and the
Chopra Centre for Wellbeing

Two Day Workshop - \$650
Early Bird - Two day Workshop - \$625
Group Discount (two people or more) - \$600

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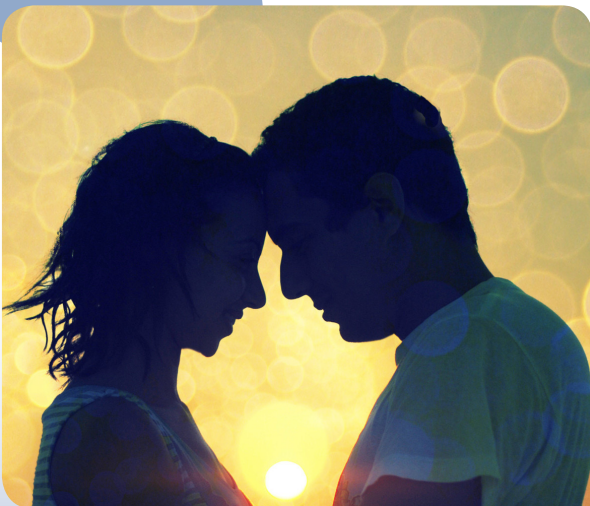


How to recall and heal the invisible wounds of present and past-lives, pre-birth and the birth experience

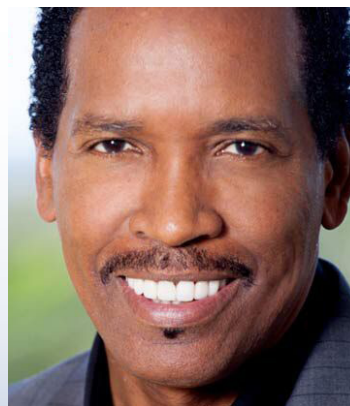
Dr Charles Richards, bestselling author of "Karmic Relationships: Healing Invisible Wounds", specializes in *Soul Journey Therapy*, a process he developed and refined which allows clients to recall and heal the invisible emotional wounds of present and past-lives, pre-birth, and the birth experience.

Dr Charles Richards' work has featured on *Oprah*, the *Esalen Institute*, the *Chopra Center for Well-being* and *The Other Side*.

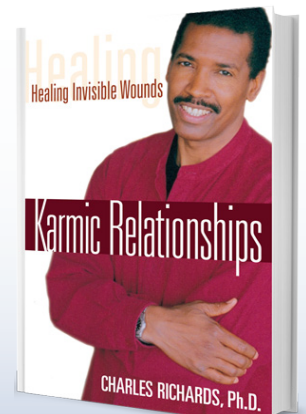
Join Dr Charles in his ground breaking work presented for the first time in Australia through workshops, individual sessions and practitioner trainings in Sydney, Melbourne, Brisbane, Perth and Adelaide.



HEAL RELATIONSHIPS THROUGH SOUL JOURNEY THERAPY



DR CHARLES RICHARDS, PSYCHOTHERAPIST, AUTHOR AND TRAINER



HEALING INVISIBLE WOUNDS IN RELATIONSHIPS

Everywhere we turn, they're in our faces. So why do we so frequently find ourselves in relationship hell?

The answer to that question and all the relationship mysteries and puzzles you've ever encountered is contained in one, five-letter word: karma. Karmic relationships are woven from the threads of past-life experiences with Souls that you encountered long ago and who again are players on your stage.

In order to live with these people fully in the present and to eliminate those shadows that poison your relationships, you must resolve past traumas, dissolve the fears, and heal those invisible wounds.

By using the tools offered by Dr Charles Richard's *Soul Journeys*, a blend of spirituality, psychology and self-help Dr. Richards will help you identify and explore the levels of karmic relationships in your life. You'll take the first step toward becoming and remaining conscious of the influences that are building or destroying your friendships, marriage, business partnerships, or family situations.



HEAL YOUR PRIMARY RELATIONSHIP

See if you can recognize the basic karmic foundations of your most important relationships by answering these questions:

- * Do you find yourself on an emotional roller-coaster of extreme highs and lows in this relationship?
- * Have you ended this relationship more than once, only to get back together and continue the same dysfunctional patterns?
- * Is the other person in this relationship willing to drop everything at a moment's notice to come to your assistance?
- * Does the bond of the relationship remain strong even when you've been out of contact for long periods of time?

By answering yes to any of these questions, you are acknowledging one of several different types of karmic relationships in your life. Once you are armed with an understanding, you are able to effectively handle those damaged, demanding, and disastrous relationships. You will be able to heal your hidden wounds and release the very karma and emotions that are keeping your relationships in destructive cycles.



HEAL THE RELATIONSHIP WITH PARENTS



HEAL RELATIONSHIPS WITH CHILDREN

SOUL JOURNEY THERAPY

The *Soul Journeys* process was designed to provide a glimpse in full-consciousness (without hypnosis) of the bigger picture of why we are here and how we can more easily navigate the dharma (higher purpose) of our life and relationships.

Soul Journeys is systematic and allows clients to recall and heal the invisible emotional wounds of the present and past-lives, prenatal, and the birth experience.

The unique, therapeutic feature of *Soul Journeys* is that once a core or key past-life or lives relating to a karmic pattern have been re-experienced and discharged, symptoms fall away and behavior changes almost instantaneously. Nonessential karmic residue has been removed, much like getting rid of unwanted baggage you've been carrying around your whole life. When your burdens are gone, suddenly you experience a freedom of mobility and expression that you accept as only natural. This happens without the typically long periods of therapy, analysis, or interpretation found in traditional psychotherapy.

Soul Journeys can also allow clients to explore the in-between-life realm experienced after death or before birth. Such experiences can lead to great insight and enlightenment into who we are, what we are here to do, and where we are going. Here one can establish a more direct contact and exchange with spiritual guides and teachers. One can also awaken lost or blocked talents and skills from past-lives.

A New Breakthrough Therapy System

Soul Journeys is based on the proven understanding that the eternal Self carries a detailed record of all we have ever experienced, conscious or unconscious, in this and all our past-lives. Dr. Richards helps clients to uncover core issues, which have debilitated, paralyzed, and plagued them with pain, suffering, and terror. Additionally, blocks, fears, repetitive patterns, and many physical symptoms are routinely resolved. In a state of full-consciousness clients may venture into realms where people who have had near-death experiences vividly describe.

Soul Journeys has evolved over the years to become a way of allowing clients to experience any point of the history of their experience as Soul.



HEAL FAMILY RELATIONSHIPS



HEAL FRIENDS OR BUSINESS RELATIONSHIPS

Through the use of *Soul Journeys*, Dr. Richards shows readers:

- * How lifelong emotional, physical, and core issues with relationships can be healed more effectively and in much less time than traditional or alternative healing methods
- * How the Soul's past-life memories with significant others can be accessed in full-consciousness and hidden, emotional wounds of fear, anger, loss, and abandonment can be healed
- * What it's like to recall after-death reunions during the between-life state where agreements are made with other Souls, which affect love and relationships today
- * How remembered and verifiable prenatal and birth experiences have an unconscious positive or negative influence on health, emotions, and relationships
- * How to transform negative karma and karmic relationships into positive ones and move beyond shame and guilt along the way
- * How to recognize past-life dreams and use dreams as a tool for understanding and healing karmic relationships

SOUL JOURNEY TESTIMONIALS



"My entire life I have been struggling with the issue of open communication to those around me. I felt like I needed to keep information inside of me. Letting it out would be harmful or cause me to lose power or position. Not only was the general psychotherapy helpful, but the Soul Journey I took showed me why I was afraid to open my mouth.

Now I feel free to share my words and thoughts with those around me, regardless of the circumstances! My wife has loved this change in me (so have I!), opening up our relationship. I have also noticed a sense of calm inside myself that wasn't there before. I now know that I am an eternal Soul with a purpose to my life. This has made me a happier, calmer person with less stress and fewer worries. Thank you!"

Mike, San Diego, USA


"Charles Richards has an impressive capacity to take a concept that would otherwise be quite foreign to me, past-life regression, and make it not only accessible but amazingly useful and powerful. His approach sheds new light on the instinctive connections we have with people, both positive and negative, as well as leading to a whole new level of understanding of choices we make, fears, anxieties, patterns we repeat, and struggles that hold us back. Neither life nor reality as you know it are likely to be the same."

Judith Light, Actress--Los Angeles, USA

"I know that the transition from emotional agony to loving resolve was made quickly because of the kind of therapy I received with you. The karmic issues that bound me were released and within a couple of weeks the energy in my self shifted and therefore, affected my marriage in a positive way. It is amazing to me that one afternoon (4 hours) could have such a profound affect on my life. I am grateful to you and your technique. Another wonderful result of the emotional clearing I have experienced is the return of my sexual energy, which has permeated every aspect of my existence. I feel excited about being able to recreate my life. Thank you!"

Carolina, Los Angeles





Dear Dr. Richards,

Thank you for healing me. I struggled with bi-polar disorder for most of my life; melancholia reared its ugly head in my life at five, and started getting more serious, with the onset of migraines when I was nine. By the time I was eleven I was missing almost two months of school each year.

I was a 'gifted' student, but due to my extreme depressive episodes and manic emotional outbursts my grades slipped rapidly in the seventh grade. I was socially handicapped, and could not relate to my classmates, mostly because I could not understand why they could play and laugh and seem so free when I was in the pit of despair.

For a long time I tried to conceal this difference but it became increasingly difficult to hide. It was shameful and humiliating. I really thought that there was something wrong with me, inherently wrong with me as a human being. I was so angry, tired, confused and emotionally scattered that it literally affected every part of my life.

In the fourth grade, I was being sent to the school counselor due to my emotional problems and she diagnosed me with bi-polar and it was suggested that I seek outside counseling. Because of my mother's financial situation, that option was not possible for me, so I continued to manage the best I could. The only thing that kept me from suicide at that point, because I really was close, was the hope/belief/faith that when I was older and had my own money I could seek treatment. I didn't really know if there was a treatment but I prayed every day that I would find it eventually. I made a pact with myself that until I had exhausted every resource, and tried everything there was to try that would help me, I would not take my own life. From my very soul I swear that is the only thing that saved me.

Since then, I have seen therapists, psycho-pharmacologists, hypnotists, NLP specialists, been to AA/NA/SLAA (never had a drinking problem but, what the heck, it was free), spiritual seminars, landmark education seminars, acupuncturists, dieticians, and homeopaths. I have never been hospitalized because I cannot, do not and will not harm myself or others but nearly dropped out of high school sophomore year because I missed two months of class because I could not make it 30 minutes without crying uncontrollably over the negative and disabling thoughts I was having. I have taken neurontin, celexa, Prozac, pretty much tried all the pharmacological treatments deemed safe for me but they provided me little or only short term relief.

I have been relatively stable for five years initially from the pharmaceutical treatments and therapy (the first 3 stable years). The pills helped initially for a year and a half, and helped me to learn a little about what healthy people might feel like although I still had bouts lasting two weeks to a month. But I had more time in the 'even' mode than I had had before.



Last September, over a year ago I went to see you. I was extremely depressed, hopeless and panicky. I cried on the phone to you while making the appointment. But the (three 4 hour) treatments I received from you have given me the first hypo-manic and depression-free period I've had in my life. I now have more clarity, function and drive than I have ever had.

I have been completely free of the episodes now. I am told daily of the change the work has given to me every day from my friends, my family, and those I work with. I am more effective and powerful than I have ever been in my life. It is really like the fog in my head is clear, the vice around my head is gone, and the mud-covered glasses have slipped off my face and shattered on the floor.

I have always in my heart known and believed that life could be like this. Only now I am living it and experiencing my life in wonder. Thank you for being the answer to my prayers.

Jennifer, Los Angeles, USA





Soul JOURNEY THERAPY



Dear Dr Charles

I experienced a very violent childhood and an unhappy marriage of 14 years. Even though I've had extensive training in college, specialized art schools, and have painted for many years, I was never able to build even a small body of work for publication. I had nearly every learning disability that exists, all diagnosed.

All my relationships were difficult, and I was emotionally sensitive and over-reactive. I had deep seated insecurities, fears, and low self esteem. I did all the available therapies for 15 years and spent thousands on Jungian, traditional therapies, EMDR, visualization, affirmations, spiritual and religious counseling, inner child groups, groups for abused women, anger work and many other methods of psychological and spiritual healing modalities. I also explored alternative (healing) methods, nutritional and otherwise. You name it I've tried it faithfully. None of these healing modalities made a dent in my issues. They just didn't work for me.

I found at long last the direct route. Neutralization of the original wound by direct encounter.

I asked you to take me to the lifetimes responsible for the problem, for instance learning disabilities. We went directly to the trauma and relieved it. Gone forever. Then I wanted to resolve whatever was keeping me from finishing my paintings. I relived it and am producing paintings every week now. People say I look as though I'm much lighter. I feel calm, grateful for what I have, productive, and cheerful.

When I do visualizations and affirmations now, they actually work as the secret, silent sabotaging energy from the past life traumas is gone. Every week seems to open up new doors. The effects of the first sessions are still revealing new areas of ideas and inspirations and positivity I've never experienced before. I'm continuing to improve. This is a pretty amazing process.

Thank you Dr. Charles for developing such a phenomenal, non-invasive, subtle, yet extremely effective healing modality which heals permanently.

Thank you Dr. Charles. My destiny is in my own hands now....emotionally, financially, professionally, and spiritually.

Sincerely,
Helen, San Diego, USA





Dear Dr Charles,

It has been close to 4 months since my sessions with you. The issues which were uncovered included anger, abandonment and dealing with the death of loved ones. I also suffered from headaches and migraines on a semi-regular basis.

In two of my past-lives you assisted in the release of pain from the neck, and in all the sessions, you dealt with the issues of anger, death and being isolated.

I am writing to tell you that in these past 4 months, I have had no neck headaches or migraines.

I am less agitated and aggressive towards people who invade my space, and my husband has certainly noticed that I do not throw temper tantrums and "hissy-fits" for no apparent reason. I have become calmer, more thoughtful and I actually feel some inner peace! I know for a fact that if I hadn't come to visit you and gone through my three past lives, I would still be stuck in a state of unpleasantness and bitterness and may have worsened.

You have worked wonders on my soul and I can't thank you enough for your insight, wisdom and quiet understanding! Thank you for helping my soul and my being move forward.

Julie, Brisbane, QLD, Australia

Dear Dr Charles

I was, and still am, filled with positive energy and reconnected with myself. The old Leni full of ideas, creativity, spirituality, self esteem showed up again. I am more open with people again, make weekly new and exciting encounters. Thanks for the wonderful experience.

Leni, Alaska, USA



Dear Dr. Richards,

I just wanted to tell you how our session has changed things for me. In just one session with you, I was able to see the karmic connection that kept me going in and out of a dysfunctional relationship for nearly eleven years! Neither one of us was happy with it, yet books and traditional counseling did not help.

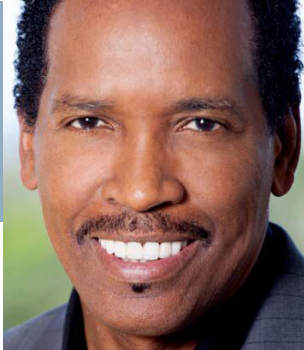
Although you said the results would not be obvious at first, I have felt such a strong sense of relief in the past two weeks since our session. It is like a huge weight of guilt and frustration has been lifted from me, and I no longer feel any need to repeat the old patterns. Interestingly, my former partner also seems to have gained some of this release from our karmic baggage, even though he was not in the session.



My friends are intrigued at the apparent change and I am telling them all that it is thanks to my work with you. I am very grateful and will highly recommend you to anyone I know who wants to learn more about their karmic connections and how to be free of those that do not serve them. Thank you!

Caitlin, San Diego California, USA





ABOUT DR CHARLES RICHARDS

Dr Charles Richards is a licensed psychotherapist in private practice in Encinitas, California. He specializes in *Soul Journeys Therapy*, a process he developed and refined which allows clients to recall and heal the invisible emotional wounds of present and past-lives, pre-birth, and the birth experience. He also specializes in facilitating between-life experiences and karmic analysis, a method of learning the present and past-life karmic influences in your current life and relationships.

Dr. Richards has used his therapy with thousands of clients, who often include other health care professionals. Clients come from around the world to work with him. Health-care professionals and therapists regularly refer their clients to Dr. Richards and invite him to speak and train them on his work and methodology.

National television recognition for Dr. Richards' work came about through his appearances on an NBC television special *The Other Side*. He's been interviewed on radio and television news shows and become the subject of newspaper articles in the United States, Brazil, and Australia.

Dr. Richards has also taught graduate level courses in psychology and led numerous seminars and workshops. He received his doctorate in Clinical Psychology from the Alliant International University in San Diego. Dr. Richards also trained and coached senior executives of Fortune 100 corporations in management and leadership development at the Center for Creative Leadership for over a decade.

Over the years, thousands of people in the United States, Canada, Europe, South America, Hong Kong, Japan, and Australia have attended Dr. Richards' lectures and workshops.

Dr. Richards has given lectures and classes at the *Chopra Center for Well Being*, the *Esalen Institute*, the *Learning Annex*, *Association for Black Psychologists*, and the *University for Humanistic Studies*.

Dr. Richards' enlightening tape/CD *The Way of Karma: Healing Karmic Wounds* sets a foundation for the book *Karmic Relationships: Healing Invisible Wounds*. Both empower you to gain an understanding of karma and past-lives based on many years of case studies, tracking the evolution of hundreds of Souls throughout time. Much of this material has not been previously written in the current literature on karma and reincarnation.

Listeners and readers of Dr. Richards' pioneering work will recognize a fellow explorer, who has faced relationship challenges and been adventurous enough to go beyond tradition to heal them.

"Over the years I have grown to understand the ways of karma and the Soul by continuing my own personal spiritual explorations. I also observed and documented the experiences of over a thousand clients I have guided through past-lives and realms other than the physical." – Dr. Richards

**Join us for this ground-breaking
experiential journey into your past,
reclaim your present and
reinvent your future**

CONTACT

For further information about the Australian tour contact LeeAnne on:

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Email: souljourneytherapy@gmail.com

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**FOR FURTHER INFORMATION ABOUT SOUL JOURNEY THERAPY
AND DR CHARLES RICHARDS PLEASE VISIT:**

www.SoulJourneyTherapy.com.au

www.KarmicRelationships.com

www.CharlesRichards.com/